

MEMORIZATION TIPS:

1. Recite out loud.

The more of your body that you use (mouth, tongue, ears) the more it'll stick

2. Expect to be frustrated.

Often you will not remember what you learned the day before or that very morning. That's OK. The goal is not proficiency, but transformation!

3. Keep at it!

The more faithful you are the more you'll remember!

From Jesus' "Sermon on the Plain":

Blessings and Woes

- ^A "Blessed are you who are poor, ^B for yours is the kingdom of God.
- ^C Blessed are you who hunger now, ^D for you will be satisfied.
- ^E Blessed are you who weep now, ^F for you will laugh.
- ^G Blessed are you when men hate you, ^H when they exclude you and insult you and reject your name as evil, ^I because of the Son of Man.
- ^J "Rejoice in that day and leap for joy, ^K because great is your reward in heaven.
- ^L For that is how their fathers treated the prophets.
- ^M "But woe to you who are rich, ^N for you have already received your comfort.
- ^O Woe to you who are well fed now, ^P for you will go hungry.
- ^Q Woe to you who laugh now, ^R for you will mourn and weep.
- ^S Woe to you when all men speak well of you, ^T for that is how their fathers treated the false prophets.

Luke 6:20-26

Every day starts with yesterday's new material

Day 1:

A. *"Blessed are you who are poor..."*

Repeat 10x from memory:

Day 2:

A. *"Blessed are you who are poor..."*

Repeat 10x from memory

B. *"...for yours is the kingdom of God."*

Repeat 10x from memory

A+B. *"Blessed are you who are poor, for yours is the kingdom of God."*

Repeat 10x from memory

Day 3:

A+B. 10x

C. *"Blessed are you who hunger now..."* 10x

A+B+C. *"Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who hunger now..."* 10x

Day 4:

C. *"Blessed are you who hunger now..."* 10x

D. *"...for you will be satisfied."* 10x

C+D. *Blessed are you who hunger now for you will be satisfied."* 10x

A-D. *"Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who hunger now for you will be satisfied."* 10x

Day 5:

C-D. *"Blessed are you [...] satisfied."* 10x

E. *"Blessed are you who weep now..."* 10x

C-E. *"Blessed are you who hunger [...] who weep now..."* 1-5x (for 1-5x choose how many check marks)

A-E. *"Blessed are you who are poor [...] who weep now..."* 1-5x

Day 6:

E. *"Blessed are you who weep now..."* 10x

F. *"...for you will laugh."* 10x

E-F. *"Blessed are you who weep now for you will laugh."* 10x

C-F. 1-5x

A-F. 1-5x

Day 7:

E-F. 10x

G. *"Blessed are you when men hate you..."* 10x

E-G. 10x

C-G. 1-5x

A-G. 1-5x

(continued over the page)

You work backwards until you've reviewed everything you have already memorized at least once.

Day 8:

G. "Blessed are you when men hate you..." 10x
H. "when they exclude you and insult you and reject your name as evil..." 10x
E-H. 10x
C-H. 1-5x | A-H. 1-5x

Day 9:

G-H. "Blessed [...] reject your name as evil..." 10x
I. "...because of the Son of Man." 10x
G-I. 10x
E-I. 1-5x | C-I. 1-5x | A-I. 1-5x

Day 10:

G-I. "Blessed [...] reject [...] Son of Man." 10x
J. "Rejoice in that day and leap for joy..." 10x
G-J. 10x
E-J. 1-5x | C-J. 1-5x | A-J 1-5x

Day 11:

J. "Rejoice in that day and leap for joy..." 10x
K. "...because great is your reward in heaven." 10x
J-K. 10x
G-K. 10x
E-K. 1-5x | C-K. 1-5x | A-K. 1-5x

Day 12:

J-K. "Rejoice in that day and leap for joy, because great is your reward in heaven." 10x
L. "For that is how their fathers treated the prophets." 10x
J-L. 10x
G-L. 10x
E-L. 1-5x | C-L. 1-5x | A-L. 1-5x

Day 13:

J-L. "Rejoice [...] prophets." 10x
M. "But woe to you who are rich..." 10x
G-L. 10x
E-L. 1-5x | C-L. 1-5x | A-L. 1-5x

Day 14:

M. "But woe to you who are rich..." 10x
N. "...for you have already received your comfort." 10x
M-N. "But woe to you who are rich for you have already received your comfort." 10x
G-N. 1-5x | E-N. 1-5x | C-N. 1-5x | A-N. 1-5x

Day 15:

M-N. 10x
O. "Woe to you who are well fed now..." 10x
M-O. "But woe [...] comfort [...] fed now..." 10x
G-O. 1-5x | E-O. 1-5x | C-O. 1-5x | A-O. 1-5

Day 16:

O. "Woe to you who are well fed now..." 10x
P. "...for you will go hungry." 10x
O-P. 10x
M-P. 10x
G-P. 1-5x | E-P. 1-5x | C-P. 1-5x | A-P. 1-5x

Day 17:

O-P. "Woe [...] hungry." 10x
Q. "Woe to you who laugh now..." 10x
O-Q. "Woe [...] hungry [...] laugh now..." 10x
M-Q. 10x
G-Q. 1-5x | E-Q. 1-5x | C-Q. 1-5x | A-Q. 1-5x

Day 18:

Q. "Woe to you who laugh now..." 10x
R. "...for you will mourn and weep." 10x
Q-R. 10x
M-R. 1-5x | G-R. 1-5x | E-R. 1-5x | C-R. 1-5x
A-R. 1-5x

Day 19:

Q-R. "Woe [...] weep." 10x
S. "Woe to you when all men speak well of you..." 10x
Q-S. 10x
M-S. 1-5x | G-S. 1-5x | E-S. 1-5x | C-S. 1-5x
A-S. 1-5x

Day 20:

S. "Woe to you when all men speak well of you..." 10x
T. "For that is how their fathers treated the false prophets." 10x
S-T. "Woe to you when all men speak well of you, for that is how their fathers treated the false prophets." 10x
Q-T. 10x
M-T. 1-5x | G-T. 1-5x | F-T. 1-5x | C-T. 1-5x
A-T. 1-5x

If you finish before the end of the month, keep going with Luke 6:27 and following:

^u "But I tell you who hear me:

^v Love your enemies,

^w do good to those who hate you,

^x bless those who curse you,

^y pray for those who mistreat you.

^z If someone strikes you on one cheek, turn to him the other also.