

## MEMORIZATION TIPS:

### 1. Recite out loud.

The more of your body that you use  
(mouth, tongue, ears) the more it'll stick

### 2. Expect to be frustrated.

Often you will not remember what you learned  
the day before or that very morning. That's OK.  
The goal is not proficiency, but transformation!

### 3. Keep at it!

The more faithful you are  
the more you'll remember!

### From Jesus' "Sermon on the Plain": Blessings and Woes

<sup>A</sup> "Blessed are you who are poor, <sup>B</sup> for  
yours is the kingdom of God.

<sup>C</sup> Blessed are you who hunger now, <sup>D</sup> for  
you will be satisfied.

<sup>E</sup> Blessed are you who weep now, <sup>F</sup> for  
you will laugh.

<sup>G</sup> Blessed are you when men hate you,  
<sup>H</sup> when they exclude you and insult you  
and reject your name as evil, <sup>I</sup> because of  
the Son of Man.

<sup>J</sup> "Rejoice in that day and leap for joy,  
<sup>K</sup> because great is your reward in heaven.

<sup>L</sup> For that is how their fathers treated the  
prophets.

<sup>M</sup> "But woe to you who are rich, <sup>N</sup> for you  
have already received your comfort.

<sup>O</sup> Woe to you who are well fed now, <sup>P</sup> for  
you will go hungry.

<sup>Q</sup> Woe to you who laugh now, <sup>R</sup> for you  
will mourn and weep.

<sup>S</sup> Woe to you when all men speak well of  
you, <sup>T</sup> for that is how their fathers treated  
the false prophets.

**Luke 6:20-26**

Every day starts with yesterday's new material

#### Day 1:

A. "Blessed are you who are poor..."

Repeat 10x from memory: □□□□□□□□□□

#### Day 2:

A. "Blessed are you who are poor..."

Repeat 10x from memory □□□□□□□□□□

B. "...for yours is the kingdom of God."

Repeat 10x from memory □□□□□□□□□□

A+B. "Blessed are you who are poor, for yours is the  
kingdom of God."

Repeat 10x from memory □□□□□□□□□□

#### Day 3:

A+B. 10x □□□□□□□□□□

C. "Blessed are you who hunger now..." 10x □□□□□  
□□□□□

A+B+C. "Blessed are you who are poor, for yours is  
the kingdom of God. Blessed are you who hunger  
now..." 10x □□□□□  
□□□□□

#### Day 4:

C. "Blessed are you who hunger now..." 10x □□□□□  
□□□□□

D. "...for you will be satisfied." 10x □□□□□□□□□□

C+D. "Blessed are you who hunger now for you will  
be satisfied." 10x □□□□□□□□□□

A-D. "Blessed are you who are poor, for yours is the  
kingdom of God. Blessed are you who hunger now  
for you will be satisfied." 10x □□□□□□□□□□

#### Day 5:

C-D. "Blessed are you [...] satisfied." 10x □□□□□  
□□□□□

E. "Blessed are you who weep now..." 10x □□□□□  
□□□□□

C-E. "Blessed are you who hunger [...] who weep  
now..." 1-5x (for 1-5x choose how many check marks)

A-E. "Blessed are you who are poor [...] who weep  
now..." 1-5x

#### Day 6:

E. "Blessed are you who weep now..." 10x □□□□□  
□□□□□

F. "...for you will laugh." 10x □□□□□□□□□□

E-F. "Blessed are you who weep now for you will  
laugh." 10x □□□□□□□□□□

C-F. 1-5x

A-F. 1-5x

#### Day 7:

E-F. 10x □□□□□□□□□□

G. "Blessed are you when men hate you..." 10x □□□□□  
□□□□□

E-G. 10x □□□□□□□□□□

C-G. 1-5x

A-G. 1-5x

(continued over the page)

You work backwards until you've reviewed everything you have already memorized at least once.

Day 8: □□□□□□□□  
G. "Blessed are you when men hate you..." 10x  
H. "when they exclude you and insult you and reject your name as evil..." 10x □□□□□□□□  
E-H. 10x □□□□□□□□  
C-H. 1-5x | A-H. 1-5x

Day 9: □□□□□□□□  
G-H. "Blessed [...] reject your name as evil..." 10x  
I. "...because of the Son of Man." 10x □□□□  
G-I. 10x □□□□□□□□  
E-I. 1-5x | C-I. 1-5x | A-I. 1-5x

Day 10: □□□□□□□□  
G-I. "Blessed [...] reject [...] Son of Man." 10x  
J. "Rejoice in that day and leap for joy..." 10x □□□□  
G-J. 10x □□□□□□□□  
E-J. 1-5x | C-J. 1-5x | A-J. 1-5x

Day 11: □□□□□□□□  
J. "Rejoice in that day and leap for joy..." 10x  
K. "...because great is your reward in heaven." 10x  
J-K. 10x □□□□□□□□  
G-K. 10x □□□□□□□□  
E-K. 1-5x | C-K. 1-5x | A-K. 1-5x

Day 12:  
J-K. "Rejoice in that day and leap for joy, because great is your reward in heaven." 10x □□□□□□  
L. "For that is how their fathers treated the prophets." 10x □□□□□□□□  
J-L. 10x □□□□□□□□  
G-L. 10x □□□□□□□□  
E-L. 1-5x | C-L. 1-5x | A-L. 1-5x

Day 13:  
J-L. "Rejoice [...] prophets." 10x □□□□□□□□  
M. "But woe to you who are rich..." 10x □□□□□□  
G-L. 10x □□□□□□□□  
E-L. 1-5x | C-L. 1-5x | A-L. 1-5x

Day 14: □□□□□□□□  
M. "But woe to you who are rich..." 10x □□□□□□  
N. "...for you have already received your comfort." 10x  
M-N. "But woe to you who are rich for you have already received your comfort." 10x □□□□□□□□  
G-N. 1-5x | E-N. 1-5x | C-N. 1-5x | A-N. 1-5x

Day 15:  
M-N. 10x □□□□□□□□  
O. "Woe to you who are well fed now..." 10x □□  
M-O. "But woe [...] comfort [...] fed now..." 10x □□  
G-O. 1-5x | E-O. 1-5x | C-O. 1-5x | A-O. 1-5

Day 16: □□□□□□□□  
O. "Woe to you who are well fed now..." 10x  
P. "...for you will go hungry." 10x □□□□□□□□  
O-P. 10x □□□□□□□□  
M-P. 10x □□□□□□□□  
G-P. 1-5x | E-P. 1-5x | C-P. 1-5x | A-P. 1-5x

Day 17: □□□□□□□□  
O-P. "Woe [...] hungry." 10x  
Q. "Woe to you who laugh now..." 10x  
O-Q. "Woe [...] hungry [...] laugh now..." 10x  
M-Q. 10x □□□□□□□□  
G-Q. 1-5x | E-Q. 1-5x | C-Q. 1-5x | A-Q. 1-5x

Day 18: □□□□□□□□  
Q. "Woe to you who laugh now..." 10x  
R. "...for you will mourn and weep." 10x □□□□□□  
Q-R. 10x □□□□□□□□  
M-R. 1-5x | G-R. 1-5x | E-R. 1-5x | C-R. 1-5x  
A-R. 1-5x

Day 19:  
Q-R. "Woe [...] weep." 10x □□□□□□□□  
S. "Woe to you when all men speak well of you..." 10x  
Q-S. 10x □□□□□□□□  
M-S. 1-5x | G-S. 1-5x | E-S. 1-5x | C-S. 1-5x  
A-S. 1-5x

Day 20: □□□□□□□□  
S. "Woe to you when all men speak well of you..." 10x  
T. "For that is how their fathers treated the false prophets." 10x □□□□□□□□  
S-T. Woe to you when all men speak well of you, for that is how their fathers treated the false prophets." 10x  
Q-T. 10x □□□□□□□□  
M-T. 1-5x | G-T. 1-5x | F-T. 1-5x | C-T. 1-5x  
A-T. 1-5x

**If you finish before the end of the month, keep going with Luke 6:27 and following:**

<sup>u</sup> "But I tell you who hear me:  
<sup>v</sup> Love your enemies,  
<sup>w</sup> do good to those who hate you,

<sup>x</sup> bless those who curse you,  
<sup>y</sup> pray for those who mistreat you.  
<sup>z</sup> If someone strikes you on one cheek, turn to him the other also.