

MEMORIZATION TIPS:

1. Recite out loud.

The more of your body that you use (mouth, tongue, ears) the more it'll stick

2. Expect to be frustrated.

Often you will not remember what you learned the day before or that very morning. That's OK. The goal is not proficiency, but transformation!

3. Keep at it!

The more faithful you are the more you'll remember!

Luke 6:27-36

^U "But I tell you who hear me: ^V Love your enemies, ^W do good to those who hate you, ^X bless those who curse you, ^Y pray for those who mistreat you. ^Z If someone strikes you on one cheek, turn to him the other also. ^{Aa} If someone takes your cloak, do not stop him from taking your tunic. ^{Ba} Give to everyone who asks you, ^{Cc} and if anyone takes what belongs to you, do not demand it back. ^{Da} Do to others as you would have them do to you.

^{Ea} "If you love those who love you, what credit is that to you? ^{Fa} Even 'sinners' love those who love them. ^{Ga} And if you do good to those who are good to you, what credit is that to you? Even 'sinners' do that. ^{Ha} And if you lend to those from whom you expect repayment, what credit is that to you? ^{Ia} Even 'sinners' lend to 'sinners,' expecting to be repaid in full. ^{Ja} But love your enemies, do good to them, ^{Ka} and lend to them without expecting to get anything back. ^{La} Then your reward will be great, ^{Ma} and you will be sons of the Most High, ^{Na} because he is kind to the ungrateful and wicked. ^{Oa} Be merciful, just as your Father is merciful.

From Jesus' "Sermon on the Plain"

Day 1:

T. "For that is how their fathers treated the false prophets." 10x □□□□□□□□□□

U. "But I tell you who hear me:" 10x □□□□□□□□□□

S-U. 10x | M-U. 1-5x | A-U. 1x+*

Day 2:

U. "But I tell you who hear me:" 10x □□□□□□□□□□

V. "Love your enemies," 10x □□□□□□□□□□

U-V. "But I tell you who hear me: Love your enemies," 10x □□□□□□□□□□

S-V. 10x | M-V. 1-5x | A-V. 1x+

Day 3:

V. "Love your enemies," 10x □□□□□□□□□□

W. "do good to those who hate you," 10x □□□□□□□□□□

U-W. "But I tell you [...] hate you," 10x □□□□□□□□□□

S-W. 10x | M-W. 1-5x | A-W. 1x+

Day 4:

W. "do good to those who hate you," 10x □□□□□□□□□□

X. "bless those who curse you," 10x □□□□□□□□□□

U-X. "But [...] who hate [...] curse you" 10x □□□□□□□□□□

S-X. 10x | M-X. 1-5x | A-X. 1x+

Day 5:

X. "bless those who curse you," 10x □□□□□□□□□□

Y. "pray for those who mistreat you." 10x □□□□□□□□□□

U-Y. "But [...] curse [...] mistreat you" 10x □□□□□□□□□□

S-Y. 10x | M-Y. 1-5x | A-Y. 1x+

Day 6:

Y. "pray for those who mistreat you." 10x □□□□□□□□□□

Z. "If someone strikes you on one cheek, turn to him the other also." 10x □□□□□□□□□□

U-Z. "But [...] the other also." 10x □□□□□□□□□□

S-Z. 10x | M-Z. 1-5x | A-Z. 1x+

Day 7:

Z. "If someone strikes you on one cheek, turn to him the other also." 10x □□□□□□□□□□

Aa. "If someone takes your cloak, do not stop him from taking your tunic." 10x □□□□□□□□□□

Z-Aa. "If someone [...] tunic" 10x □□□□□□□□□□

U-Aa. 1-5x | M-Aa. 1-5x | A-Aa. 1x+

Day 8:

Aa. "If someone takes your cloak, do not stop him from taking your tunic." 10x □□□□□□□□□□

Ba. "Give to everyone who asks you," 10x □□□□□□□□□□

Aa-Ba. "If someone [...] asks you," 10x □□□□□□□□□□

U-Ba. 1-5x | M-Ba. 1-5x | A-Ba. 1x+ (cont.)

*You can recite the whole passage now and/or throughout your day!

Day 9:

Ba. "Give to everyone who asks you," 10x ☐☐☐☐☐☐

Ca. "and if anyone takes what belongs to you, do not demand it back." 10x ☐☐☐☐☐☐☐☐☐☐

Ba-Ca. "Give to [...] demand it back." 10x ☐☐☐☐☐☐

U-Ca. 1-5x | M-Ca. 1-5x | A-Ca. 1x+

Day 10:

Ca. "and if anyone takes what belongs to you, do not demand it back." 10x ☐☐☐☐☐☐☐☐☐☐

Da. "Do to others as you would have them do to you." 10x ☐☐☐☐☐☐☐☐☐☐

Ba-Da. "Give [...] demand [...] do to you." 10x ☐☐☐☐☐☐

U-Da. 1-5x | M-Da. 1-5x | A-Da. 1x+ ☐☐☐☐

Day 11:

Da. "Do to others as you would have them do to you." 10x ☐☐☐☐☐☐☐☐☐☐

Ea. "If you love those who love you, what credit is that to you?" 10x ☐☐☐☐☐☐☐☐☐☐

Da-Ea. "Do to others [...] that to you?" 10x ☐☐☐☐☐☐

U-Ea. "But [...] that to you?" 1-5x

A-Ea. 1x+

Day 12:

Ea. "If you love those who love you, what credit is that to you?" 10x ☐☐☐☐☐☐☐☐☐☐

Fa. "Even 'sinners' love those who love them." 10x ☐☐☐☐☐☐☐☐☐☐

Ea-Fa. "If you love [...] who love them." 10x ☐☐☐☐☐☐

U-Fa. 1-5x | A-Fa. 1x+ ☐☐☐☐

Day 13:

Fa. "Even 'sinners' love those who love them." 10x ☐☐☐☐☐☐☐☐☐☐

Ga. "And if you do good to those who are good to you, what credit is that to you? Even 'sinners' do that." 10x ☐☐☐☐☐☐☐☐☐☐

Ea-Ga. "If you [...] 'sinners' do that." 10x ☐☐☐☐☐☐

U-Ga. 1-5x | A-Ga. 1x+

Day 14:

Ga. "And if [...] 'sinners' do that." 10x ☐☐☐☐☐☐

Ha. "And if you lend to those from whom you expect repayment, what credit is that to you?" 10x ☐☐☐☐☐☐☐☐☐☐

Ea-Ha. "If you [...] credit is that to you?" 10x ☐☐☐☐☐☐

U-Ha. 1-5x | A-Ha. 1x+ ☐☐☐☐

Day 15:

Ha. "And if you lend [...] credit is that to you?" 10x ☐☐☐☐☐☐☐☐☐☐

Ia. "Even 'sinners' lend to 'sinners,' expecting to be repaid in full." 10x ☐☐☐☐☐☐☐☐☐☐

Ha-Ia. "And if [...] repaid in full." 10x ☐☐☐☐☐☐

Ea-Ia. 1-5x | U-Ia. 1-5x | A-Ia. 1x+

Day 16:

Ia. "Even 'sinners' [...] repaid in full." 10x ☐☐☐☐☐☐

Ja. "But love your enemies, do good to them," 10x ☐☐☐☐☐☐☐☐☐☐

Ha-Ja. "And if you [...] do good to them." 10x ☐☐☐☐☐☐

Ea-Ja. 1-5x | U-Ja. 1-5x | A-Ja. 1x+ ☐☐☐☐

Day 17:

Ja. "But love your enemies, do good to them," 10x ☐☐☐☐☐☐☐☐☐☐

Ka. "and lend to them without expecting to get anything back." 10x ☐☐☐☐☐☐☐☐☐☐

Ja-Ka. "But love [...] anything back." 10x ☐☐☐☐☐☐

Ea-Ka. 1-5x | U-Ka. 1-5x | A-Ka. 1x+

Day 18:

Ka. "and lend to them without expecting to get anything back." 10x ☐☐☐☐☐☐☐☐☐☐

La. "Then your reward will be great," 10x ☐☐☐☐☐☐☐☐☐☐

Ja-La. "and lend [...] will be great." 10x ☐☐☐☐☐☐

Ea-La. 1-5x | U-La. 1-5x | A-La. 1x+

Day 19:

La. "Then your reward will be great," 10x ☐☐☐☐☐☐☐☐☐☐

Ma. "and you will be sons of the Most High," 10x ☐☐☐☐☐☐☐☐☐☐

La-Ma. "Then your [...] Most High" 10x ☐☐☐☐☐☐☐☐☐☐

Ea-Ma. 1-5x | U-Ma. 1-5x | A-Ma. 1x+

Day 20:

Ma. "and you will be sons of the Most High," 10x ☐☐☐☐☐☐☐☐☐☐

Na. "because he is kind to the ungrateful and wicked." 10x ☐☐☐☐☐☐☐☐☐☐

La-Na. "Then [...] Most High [...] wicked." 10x ☐☐☐☐☐☐☐☐☐☐

Ja-Na. "But love [...] wicked." 1-5x ☐☐☐☐☐☐

Ea-Ma. 1-5x | U-Ma. 1-5x | A-Ma. 1x+

Day 21:

Na. "because he is kind to the ungrateful and wicked." 10x ☐☐☐☐☐☐☐☐☐☐

Oa. "Be merciful, just as your Father is merciful." 10x ☐☐☐☐☐☐☐☐☐☐

La-Oa. "Then you reward [...] merciful." 10x ☐☐☐☐☐☐☐☐☐☐

Ja-Oa. "But love [...] merciful." 1-5x

Ea-Oa. 1-5x | U-Oa. 1-5x | A-Oa. 1x+